

# A LETTER FROM MOLLIE



I often ponder what I can write about to parents that will encourage them, particularly now! When we are not sure what's going to happen, we tend to get anxious, especially with children involved. So, I wanted to focus on a specific verse that I often turn to when I feel anxious. I tend to go to Philippians 4:6-8. It says, "Do not be anxious about anything, but in every situation, by prayer and petition, with **THANKSGIVING**, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers and sisters, whatever is **TRUE**, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable (worthy of respect)—if anything is excellent or **PRAISEWORTHY**—think about such things." This verse really helps me, because it changes my thoughts from anxious to thankful. How can I be worried about things when I stop and thank God for all that He has already done in my life? This verse also helps me change my focus from worry to **TRUTH!** Worry usually stems from a fear that is a lie, not from God who is **TRUE**. This verse also says to focus on things that are noble, right, pure, lovely and worthy of our respect. Worry is not any of those things nor is it worthy of our respect. This verse also says to think about things that are praiseworthy, excellent things for us to focus on. Worry is definitely not excellent and it is not praiseworthy. So I encourage you to pray and bring your requests to God. Make that switch in your thoughts from worry to God; who is the only **TRUTH** worthy of our time, efforts and thoughts. And in turn, we receive His peace which transcends all understanding. **Worry is not worthy of us. Only God is!**



## MARCH DATES:

- March 14, 2:30-4:30pm-St. Patrick's Pajama Party with Pizza, Popcorn mix and a lesson on the Holy Trinity. Please RSVP to [Mollie@s.jpcjax.org](mailto:Mollie@s.jpcjax.org)
- April 3-10am Easter Egg Hunt. Come hear the Easter Story, hunt eggs with us and receive a goody bag. Please RSVP to [Mollie@s.jpcjax.org](mailto:Mollie@s.jpcjax.org)



## March Memory Verse

"For God did not send his Son into the world to condemn the world, but to save the world through him." John 3:17

## MARCH LESSONS:

- MARCH 7-JESUS TEACHES ABOUT COMMITMENT- MARK 8:31-38
- MARCH 14-JESUS CLEARS MERCHANTS FROM THE TEMPLE- JOHN 2:13-22
- MARCH 21-JESUS EXPLAINS WHY GOD SENT HIM- JOHN 3:12-21
- MARCH 28-JESUS NOTICES A WIDOW'S GIVING MARK- 12:41-44