Now Thank We All Our God: Choose Gratitude
Psalm 40:1-11
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Psalm 40:1-11: For the director of music. Of David. A psalm. I waited patiently for the LORD; he turned to me and heard my cry. [2] He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. [3] He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him. [4] Blessed is the one who trusts in the LORD, who does not look to the proud, to those who turn aside to false gods. [5] Many, LORD my God, are the wonders you have done, the things you planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare. [6] Sacrifice and offering you did not desire-- but my ears you have opened-- burnt offerings and sin offerings you did not require. [7] Then I said, "Here I am, I have come-- it is written about me in the scroll. [8] I desire to do your will, my God; your law is within my heart." [9] I proclaim your saving acts in the great assembly; I do not seal my lips, LORD, as you know. [10] I do not hide your righteousness in my heart; I speak of your faithfulness and your saving help. I do not conceal your love and your faithfulness from the great assembly. [11] Do not withhold your mercy from me, LORD; may your love and faithfulness always protect me. (NIV)

Our Vision: Connect with Christ, Church, and Community

1. _____ the power of a transitional moment

_____ relationship: I have endured patiently, waited and waited, and finally, God gave me his undivided attention! He listened to my request! Psalm 40:1 (JOT)

_____ grace: God lifted me out of the pit of misery and from the slimy sinking mud he has put me on a solid footing! He has stood me on a rock! More than that, he has directed my steps to the best path! Psalm 40:2 (JOT)

2. _____ to the power of gratitude

_____ a new song: He has given me a new song to sing, of praises to our God. Now many will hear of the glorious things he did for me, and stand in awe before the Lord, and put their trust in him. Psalm 40:3 (TLB)

_____ to listen: Blessed is the person who is "all in" with God. Their hope is in the Lord and they are not hypnotized by empty and frantic lies. …Sacrifices and offerings for sin do not satisfy you but you have transformed my ears into an altar to hear your heart! Psalm 40:4, 6 (JOT)

_____ to serve: I take joy in doing your will, my God, for your instructions are written on my heart." I have told all your people about your justice…I have not kept the good news of your justice hidden in my heart; I have talked about your faithfulness and saving power. Psalm 40-8-9 (NLT)

3. _____ the source of gratitude

_____ grace: "Everyone who drinks this water will get thirsty again and again. Anyone who drinks the water I give will never thirst—not ever. The water I give will be an artesian spring within, gushing fountains of endless life." John 4:13 (MSG)

Spiritual Action Step:

Are you stuck in a pit of ingratitude? What is your source of hope? Are you thirsting for greater purpose and meaning? Jesus said: *For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.* (John 3:16 (NIV)) God wants to share with you his grace and love. God gave his Son to save you and to give you an abundant life! Admit that you need God's help to direct your steps and he will lift you from the darkness into his marvelous light. This week read Psalm 40 and John 4 to allow the Holy Spirit to guide you to the light of grace!

Translations: NIV: New International Version; JOT: Jon's Own Translation; TLB: The Living Bible; NLT: The Living Bible: MSG: The Message.