Moving the Chains toward Gratitude:
The Discipline of Gratitude
Habakkuk 3:17-19
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Habakkuk 3:17-19: [17]Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, [18] yet I will rejoice in the LORD, I will be joyful in God my Savior. [19] The Sovereign LORD is my strength; he makes my feet like the feet of a deer, he enables me to tread on the heights. (NIV)

Our Vision: Connect with Christ, Church, and Community

1. Ordinary Gratitude says, "I'm thankful because of what I have _____.

2. Christianity teaches that our gratitude is not ultimately based on how well life is going, but on the _____ of the God we worship

3. Habakkuk's conclusion after interacting with a Holy God

> [17]Though the fig tree does not bud and there
> are no grapes on the vines, though the olive
> crop fails and the fields produce no food,
> though there are no sheep in the pen and no
> cattle in the stalls, [18] yet I will rejoice in the
> LORD, I will be joyful in God my Savior.
>
> *Habakkuk 3:17-18*

4. Habakkuk doesn't find joy because he expects less from life. He finds joy because he _____ God more deeply.

5. How often are we so busy enjoying God's blessings that we _____ to thank the One who gave them?

6. Gratitude is not determined by how much we have received, but by whether our hearts are _____toward God.

7. How do we cultivate Gratitude?
   a. We begin by _____that our blessings are gifts, not entitlements.
   b. We deliberately _____the Giver behind the gifts.
   c. We thank God for His _____to us, even when we do not understand His purposes.
   d. And above all, we remember the greatest reason that we have for Gratitude in any circumstance is _____.

8. Gratitude is not merely a technique for becoming happier. Gratitude is an act of worship.

Spiritual Action Step:

Spend time this week thanking God for who He is as well as for what He has done. He is the kind of God who died for you. Who else does that? If difficulty comes, pause and say with Habakkuk, "Yet, I will rejoice in the Lord."

Translations: NIV: New International Version